



Primary Regulator

San Diego Dive Club Newsletter

November 2013

www.sandiegodiveclub.com

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ENTER YOUR PHOTO!



Photo by Mark Williams 2013

August sunset at Shell Beach, La Jolla. Photo by Mark Williams

Submit a photo to our monthly photo contest and the winning photo will be featured on the front page of the newsletter! See page 2 for contest details.

San Diego Dive Club Officers' Meeting All Are Welcome!

Do you have some ideas and suggestions on the direction the dive club should be heading? Come share those ideas with the club officers. All members are encouraged to participate in the San Diego Dive Club Officers' Meetings. The Officers' Meetings are held at 6:30 PM on the 3rd Thursday of each month at miscellaneous locations. Please contact the SDDC President for monthly location. The officers of the club try to anticipate the needs, desires, and best interests of the club, but remember that this is your club, too. We need your new thoughts and ideas to keep our club fun and exciting.



Long Range Calendar

- Nov 7** Dive Club Meeting with presentation by Jackie Patay - *Tiger Beach - Diving with Tiger Sharks and more!*
- Dec 5** Dive Club Meeting
- Dec 7** Underwater Scuba Santa Toy Drive

October Raffle Prizes & Winners Congratulations!



Safe Sole Scuba Booties	James Caldwin
Fastencil Gear Marker	Terry Thomas
Coleman Survival Kit	Terry Thomas
Tident Save-a-Dive O-Ring Kit	Mark Pidco
Trident Net Dive Bag-Small	Mark Pidco
Lobster Gauge	JJ Swanson
Cetacea First Aid Kit	Steve Fellett
Aqua Lung ThermoCline Gloves	Mark Pidco
Trident Scuba Tool	Kevin Lass

Quarterly Prize: Watershot iPhone 5 Underwater Camera Housing

With Watershot Underwater Red Filter and Watershot Spare Desiccants

Quarterly Prize Winner Robin Luczak

Photo of the Month Contest Guidelines

The rules for this contest, enforced by the honor system, include

- **The photographer and subject must be submersed in the same liquid at the same time the photo was taken**
- **One picture per person per month**
- **Display your picture as taken with your camera and lighting**
- **Underwater pictures only (digital or film) taken since the last meeting**
- **Cropping is OK, but please refrain from zooming in**
- **No Software-based enhancement before printing**

This is a friendly contest, featuring framed underwater photos displayed at the club meeting. Anyone in attendance can vote; the winning photographer receives 5 raffle tickets plus the fame and appreciation of the SDDC. Each month's winning picture may be displayed at the club meeting with the previous month's winner, and featured in the newsletter. Competitors, consider placing your photos onto portable media to provide to the Newsletter Editor in the event you win so the photo may be featured in the newsletter; or send as attachment to editor@sandiegodiveclub.com.

November's Meeting Speaker

Jackie Patay will be sharing her experience diving at Tiger Beach, Bahamas, from a live aboard. She will immerse you in what it's like to dive among large Tiger sharks, Lemon sharks, and more. These incredible animals displayed their beauty, power, and interesting interactions with divers in this action packed and educational trip.



(c) copyright 2013 Jackie Patay

Photo by Jackie Patay used with permission

Jackie Patay has over 1,500 dives and a passion for all things underwater. She clearly has an addictive hobby - scuba diving. As an add-on to this hobby, she has progressed into taking video of the world beneath the surface. Jackie's interest is primarily in animal behavior and capturing the answers to the never-ending question...what did you see down there? How was it? Jackie's local and international dive video shorts can be viewed on Facebook - ([San Diego County Dive Reports](#)), [OCDiving news](#), and Vimeo when posted.



Scuba Santa Toy Drive 2013

Scuba Santa is scheduled to make a special underwater appearance on December 7th at Point Loma Sport Chalet from 10am - 4pm. He asks that you bring an unwrapped toy (suggested value \$10 - \$20) to be donated to St. Vincent de Paul.

You will be able to have your photo taken with Santa, a lit tree, wrapped gifts and a chimney!

No SCUBA experience required. Ages 10+.

Please see flyer on page four for more details.

**CA Spiny
Lobster
Season:
9/28/13 to
3/19/14**



Lobster Seafood Enchiladas Recipe

Contributed by David Pierce

This recipe was mainly used to feed a large group of people so I had used other seafood and used freshly caught California lobsters. I had no measurements, just what looked right. If you are making a small batch, a couple of lobster tails may be enough. You just have to eye ball it...

Ingredients:

Lobster, fresh California lobsters
Crab in the can from Costco - precooked
Crab with a "K" optional (imitation in packets from Costco - I use as filler for a large batch)
Bay Shrimp - precooked
Chopped onions
Diced green onions
Crushed garlic
Ortega Green chilies diced in the can
Sour cream, lite
Sriracha Chili Sauce
4 Mexican cheeses from Costco in the bag
Las Palmas enchilada red sauce, mild or hot
Corn tortillas
Butter
Avocados for garnish
Sliced olives for garnish
Diced green onions for garnish
Salt and pepper to taste

Lobster - cut into small bite size pieces. Melt butter in a skillet. Add chopped onions, garlic, salt and pepper. Cook onions, then add raw Lobster. Cook for a few minutes until meat starts to turn white, not very long! 2 or 3 minutes tops. Do not overcook! Drain and let cool.

In a large mixing bowl add seafood and cooled lobster, Ortega green chilies, sour cream, cheese, diced green onions and Sriracha Chili Sauce to kick it up a notch.

Mix ingredients to what you think are right, not too many of this or that. Not too much sour cream, just enough cheese to bind. Chill in the fridge.

Prepare the corn tortillas by heating in a skillet of hot oil. They should be soft, not overcooked – do not turn into corn chips! Dry on paper towels.

Coat the bottom of a baking pan with enchilada sauce. Stuff tortillas with mixture, roll and place flap sides down in coated saucepan. Coat the top of enchiladas with sauce and spread cheese on top, add sliced olives on top.

Bake at 350° for about 20 minutes or until center is hot and cheese is melted inside. Garnish with chopped green onions and sliced avocados and enjoy!

Shore Diving Courtesy Reminders

Have you ever noticed how when a group of divers get together for a dive, it's almost like one big happy family reunion?

Even though you may have seen your diving cohorts just yesterday, we're always very enthusiastic to greet each other and eager to prep our gear for our underwater explorations. Sometimes in our enthusiasm we forget that we're in a residential neighborhood and that perhaps the residents aren't as enthusiastic about our early morning or late night dives as we are. Especially because diver etiquette is a sensitive topic around the Kellogg Park neighborhood, we should try our best to be courteous and to gently remind our fellow divers of the same. The list below, taken in part from the Council of Divers meeting in December 2012, can help assist with keeping good public relations and should be used *whenever* you are diving in someone else's neighborhood.

- Don't purge regulators.
- Use low tone of voice, especially during early and late hours.
- Try not to use plastic tarps and/or take up a larger area than needed.
- Do not block sidewalks with gear.
- Lay tanks horizontally on the ground.
- Do not store or leave unattended tanks on benches, tables and walls. Items/gear/tanks left on the wall beside the children's swing area are a hazard to children!
- Obey traffic laws, don't stop or block the streets.
- Respect private property.
- Keep radio volume to a low level.
- Pick up your trash, including small plastic items such as o-rings and zip-ties.
- Don't leave food out in the open for the seagulls. Properly store food in a bag or other closed container.
- Smile when you exit the water. Looking like the monster from the Black Lagoon doesn't win PR points.
- Kindly remind fellow divers and visitors to do their part in keeping the area quiet, safe and clean.

Santa Arrives
at Point Loma Sport Chalet swimming pool
Saturday, December 7th, 2013 10:00 AM until 4:00 PM
3695 MIDWAY DR.

NO SCUBA EXPERIENCE REQUIRED!

The San Diego Dive Club is hosting a submerged Santa Claus at the bottom of the Point Loma Sport Chalet pool, complete with lit tree, wrapped gifts, and a chimney. Dive in the pool and have your photo taken on Santa's lap to support St. Vincent De Paul. Participation will afford you two free downloadable digital photos taken by our diving photographers. They make unique holiday cards.

No previous experience necessary! We provide the equipment and professional SCUBA instructors will be there to guide you. This is a great way to try out SCUBA, who knows, maybe you'll like it and sign up for a full class.

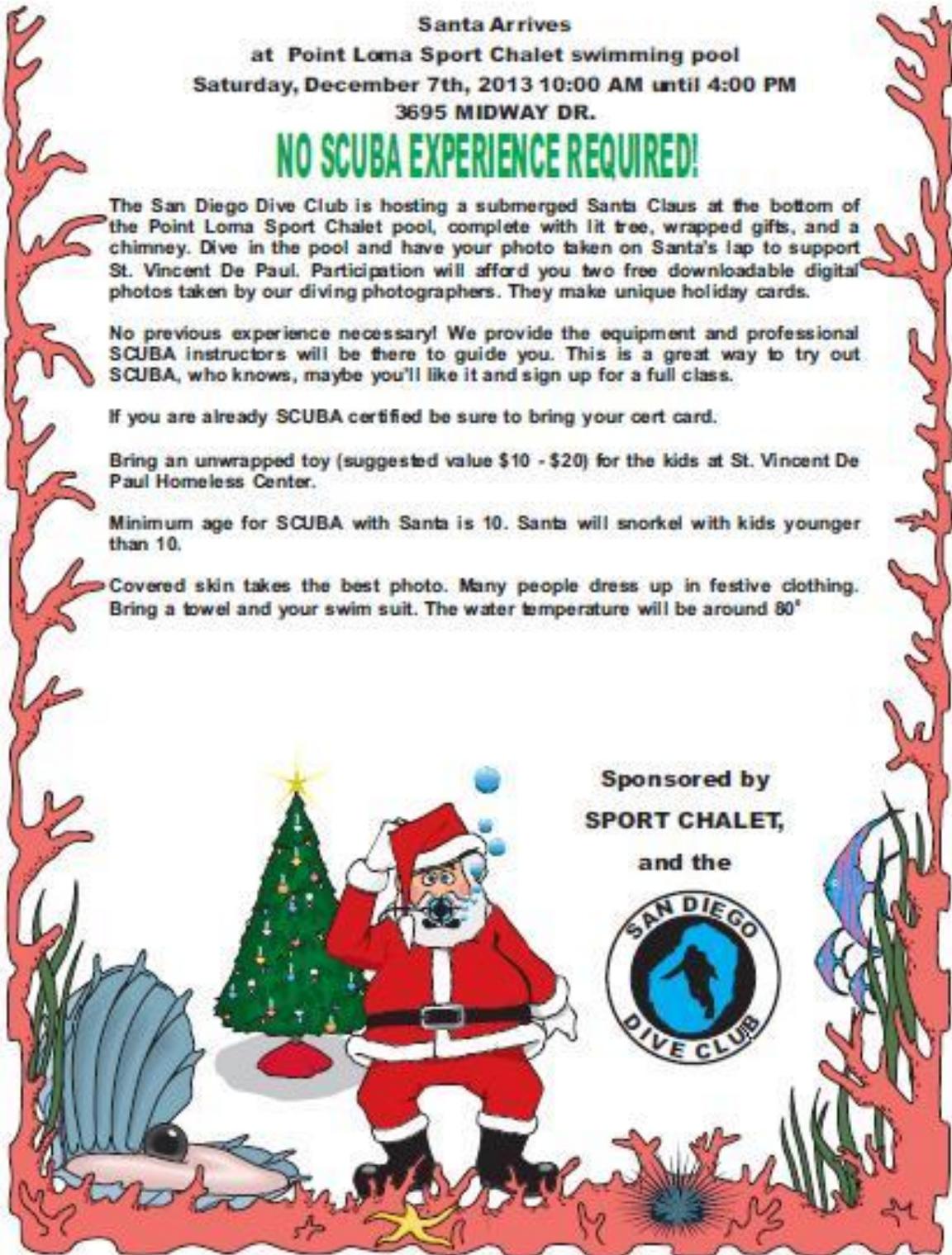
If you are already SCUBA certified be sure to bring your cert card.

Bring an unwrapped toy (suggested value \$10 - \$20) for the kids at St. Vincent De Paul Homeless Center.

Minimum age for SCUBA with Santa is 10. Santa will snorkel with kids younger than 10.

Covered skin takes the best photo. Many people dress up in festive clothing. Bring a towel and your swim suit. The water temperature will be around 80°

Sponsored by
SPORT CHALET,
and the



Important Message from the San Diego Council of Divers

The San Diego Council of Divers is accepting volunteers to fill Council Positions. **The current board members are stepping down to help bring new energy to the Council.** They are looking for enterprising individuals to join the board to help support the dive community. Nominations will be held at the November meeting.

Current issues:

The City Council will vote on Oct 29th to decide if the Children's Pool should be declared an Environmentally Sensitive Habitat Area (ESHA). The Coastal Act provides a definition of "environmentally sensitive area" as: "Any area in which plant or animal life or their habitats are either rare or especially valuable because of their special nature or role in an ecosystem and which could be easily disturbed or degraded by human activities and developments" (Section 30107.5)

Here is a list of concerns that *may* result from this action:

- Use ESHA status to justify a law banning people from the beach from December 15 to May 15 annually during pupping season.
- Remove public access guarantees for the Children's Pool from the La Jolla Local Coastal Plan and City General Plan.
- Place lock and chain at the top of the stairs during pupping season.

Public input can be sent to Hearings1@sandiego.gov, to be forwarded to the Mayor and City Council Members.

The new Children's Pool Lifeguard Tower project is in process but there have been construction delays.

La Jolla Shores Association discussion on Commercial Requirements for Dive Instructors is an ongoing issue. The LJSJA would like to charge a fee to all dive instructors that use Kellogg Park and La Jolla Shores.

The Council would like to recognizing individuals who throughout the years have unselfishly supported the Council of Divers

David Peirce – his work manning tables at Children's Pool educating the public on our stance in support of shared use.

Ken and Marie – Friends of the Children's Pool who have supported our efforts in fighting the keep the beach open to the public.

John Leek – Secretary who has tirelessly supported the Council.

Scott Anderson – President who has put numerous hours into supporting the rights of the San Diego Diving community.

The next general meeting will be the 3rd Monday on November due to the Veterans Day holiday weekend.

We hope to see you on November 18, 2013, 6:30 pm at the Mandarin House, 6765 La Jolla Blvd, La Jolla, CA 92037

DIVE CLUB MEETINGS

1st Thursday of each month @ 7:00 P.M.
at

Giovanni's Italian Restaurant
9353 Clairemont Mesa Blvd

From 163 take Clairemont Mesa Blvd. East
From 15 take Clairemont Mesa Blvd. West
Giovanni's is on the South side of Clairemont Mesa
on the West side of Ruffin Rd.

Monthly raffle drawings!

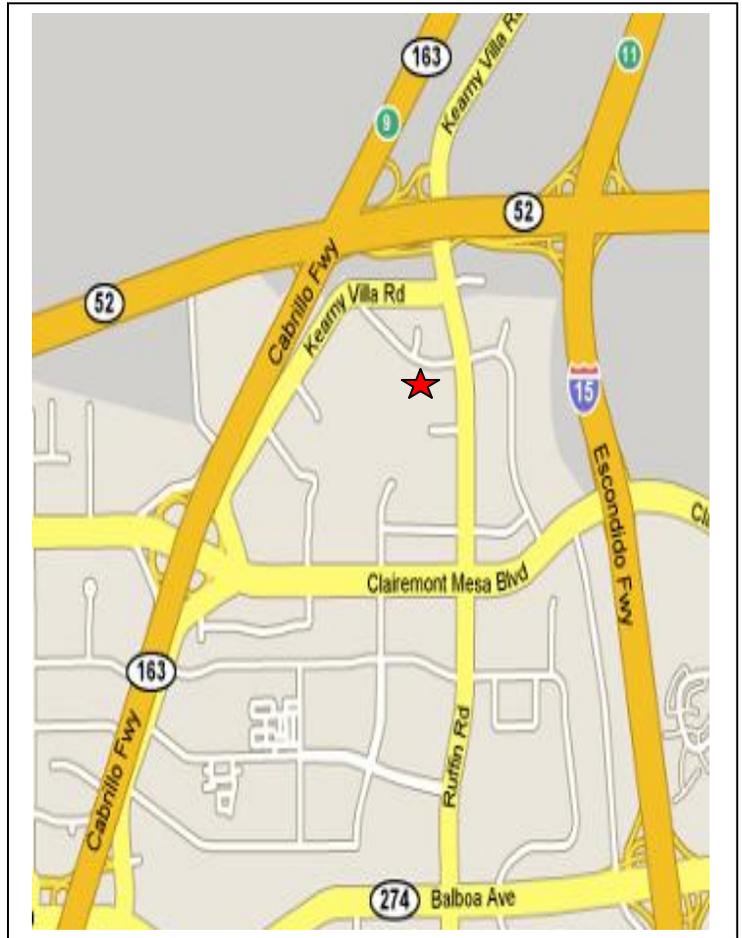
January, April, July and October are the club's quarterly meetings and we will have a grand raffle prize. The winning ticket is drawn from that evening's batch and from the previous two months.

**ONLY CURRENT CLUB MEMBERS ARE
ELIGIBLE TO WIN THE QUARTERLY
PRIZE!!!**



Dips, Tips and Trips

Please send descriptions of your favorite local dive spot, best dive tips or U/W photo tips, or brief reports or articles describing your last dive trip. Or? We'll select, edit, and publish them, as space allows. Please submit electronically by the 15th of the month prior to publication to:
editor@sandiegodiveclub.com.



San Diego Dive Club AWESOME BENEFITS!!!

- 10% discount on non-sale dive gear and rentals, education classes, and boat charters at Sport Chalet.
- 10 free air fills and 10% discount on additional air at Sport Chalet.
- Quarterly buddy lists & newsletter.
- Meet new friends and dive buddies at monthly meetings and dives.
- Group travel to exotic diving locations.
- Ocean, lake, and beach cleanup events.
- Special member only events.
- Fantastic monthly and quarterly raffle prizes.