



the Primary Regulator

San Diego Dive Club Newsletter

May 2008

www.sandiegodiveclub.com

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President's Message

Summer is almost upon us, we are awaiting the warming of the water and oncoming bloom. Those in drysuits are really enjoying the dives these days in the low 50's, we in wetsuits just keep swimming! Planning for this year we have taken your requests and created some fun activities... starting with Two Harbors on the last weekend of April! For those of you wanting to dive new locations we have monthly dives which we set up for you. So don't be shy, tell Walter or Dennis where you are interested in diving, remember this is your club.

Remember to join in on the fun this summer and take advantage of the Three R's program put on by the San Diego Council of Divers. This is a great program put on every summer to acclimate people to local shore diving locations.

Diving is a buddy sport and also think about the members of the dive club. Doesn't everyone remember the first few dives after your open water class? They were a little scary, so much to remember, not sure about what to do on your own, you have no skills to do... just a "fun" dive. Well, there are new members of this club with that same thought. Remember the buddy list this summer and make some time to dive with some of the club members who are new to the sport and give them your vast knowledge. We are looking at even making it a more fun program... stay tuned.

Now ... go dive!

Michael J. King

SAVE TREES!! SAVE TREES!! SAVE TREES!!

Still receiving the newsletter via snail mail? Did you know you can access it online at www.sandiegodiveclub.com? If you're receiving the newsletter via letter mail, have access to the internet, and would like to do your part for the environment. Email the editor now at mthorn3478@aol.com to change.

San Diego Dive Club Officer's Meeting

Have some ideas and suggestions on the direction the dive club should be heading? Come share those ideas with the club officers. All members are encouraged to participate in the San Diego Dive Club Officers' Meetings. The Officers' Meetings are held at **6:30 PM** on the **3rd Thursday** of each month at:

Marie Calendar's, 6950 Alvarado Rd. La Mesa

The officers of the club try to anticipate the needs, desires and best interests of the club, but remember that this is your club too, and we need your new thoughts and ideas to keep the club fun and exciting.



Long Range Calendar

****SD Dive Club sponsored events****

May 1	Club Meeting
May 6	SD Council of Divers Meeting
May 7	Chamber Day
May 15	Officer's Meeting
May 25	3-Tank Club Dive (see pg. 4)
Jun 6	Movie at Beach & Potluck, LJ Sh.
Jun 14	3R's – Goldfish Point
Jun 21, 22	2008 Scuba Show, Long Beach
Jul 1-8	Cozumel Trip, Sport Chalet
Jul 23-27	HPS 2008
Jul 26	Movie at Beach & Potluck, LJ Sh.
Aug 10	Albion Abalone Trip
Aug 23	3R's – Casa Cove
Aug30-Sep6	La Paz Trip, Sport Chalet
Sep 18-20	Horizon 3 Day Channel Isl. Trip
Sep 20	Beach Cleanup, Sport Chalet
Sep 27	Movie at Beach & Carne Asada
Sep26-Oct4	Bonaire Trip, Sport Chalet
Oct23-Nov1	Fiji Trip, Sport Chalet
Oct23-Nov1	Phillipines Trip, Sport Chalet
Oct TBA	Laughlin River Diving
Nov 1-8	Roatan Trip, Sport Chalet
Nov TBA	Disneyland Day
Nov30-Dec7	Grand Cayman Trip, Sport Chalet
Dec 6	Scuba Santa, PL Sport Chalet

\$3 OFF any \$15 purchase

OR

\$5 OFF any \$25 purchase

Not valid with any other offer or specials.
Dine in only. One coupon per visit.

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Don't miss **Dr. Bert Kobayashi** at our next meeting...*Thursday, May 1st, 7pm at Giovannis*

Dr. Kobayashi will present: **7 Days underwater in the Bahamas**, a brief of the time he spent in Hydrolab, an underwater habitat based in the Caribbean, for which he was designated an Aquanaut. The habitat allows for long-term scientific observations and experiments to be conducted underwater.

Dr. Kobayashi received a Ph.D. in Biological Oceanography with emphasis on Ichthyology from Scripps Institution of Oceanography. He has been a Marine Biology lecturer at UCSD since 1976 and has received two Outstanding Teacher Awards from both Muir and Warren Colleges at UCSD. He has published more than 30 scientific and popular articles on the ocean environment from 1960s through 1993. He is currently a narrator and tour-guide at Sea World and has conducted hundreds of public lectures on various topics in Marine Biology to numerous civic groups and clubs.

At our last meeting...

John Wagner, designer and inventor of the APS Manta Ray fins, presented the development and design of his unique dive fins. After his discussion he gladly donated a pair for the raffle.

Monthly Raffle Winners

Winner Name	Prize Won
Mike Thornton	APS Manta Ray Fins
Matt Gieselman	Gear Bag
Terry Thomas	Multiple tank holder
Randy Thomas	Camera tender
Peggy Petscheck	Sea sickness wristbands
Sandy Schankin	Eardrops
Scott Brown	Magnifying glass, Cable Ties
Steve Andersen	Regulator Bag
Leslie Strand	SDOF T-shirt/license plate frame
George Santilliar	SDOF T-shirt/license plate frame
David Pierce	SDOF T-shirt/license plate frame

Quarterly Prize Winner

Merriane Dean Aqua Lung Bag w/gift card

Membership has its privileges!

Enjoy the many benefits of being a member of the club. Joining is simple. Fill out an application at a club meeting. First years dues are \$30.00. Renewing membership is \$20.00. Renewals are not accepted at the store or through the mail. If you have a question regarding membership, lost cards, or you're not receiving your newsletters, contact the Vice President.

Membership Benefits

- 10% off on non-sale dive gear, rentals and continuing education courses.
- 10 Free air fills, 10% off after that
- Quarterly buddy lists.
- Entertaining and informative monthly newsletter and meeting.
- Monthly scheduled club dives.
- Meet new friends & dive buddies.
- Group travel to exotic diving locations.
- Ocean, lake and beach cleanup events.
- Special members only events.
- Fantastic monthly and quarterly raffles.

Monthly Raffles – Great Prizes

Tickets may be purchased at each meeting for that night's raffle prizes.

Quarterly Raffles

Save your losing tickets for the quarterly meeting, when we draw a grand prize from the losing tickets of that night and the two previous meetings.

Quarterly raffle months are: January, April, July, October

2008 Human Powered Submarine Competition - Needs Divers!!

Offshore Model Basin, Escondido
July 23-27, 2008

HPS 2008 provides an extra curricular activity that will foster innovation, teamwork, an engineering experience, and a competitive spirit amongst young engineers. Experienced divers are needed to ensure the safety of the contestants. For more information or to volunteer please see:

<http://www.sections.asme.org/sandiego/HPS2008/HPS2008volunteers.htm>

In order to volunteer, you must attend **one** of the safety diver briefings at High Tech High School, on June 11th, June 24th, or July 10th from 6:30 to 8:30 PM.



\$2 OFF ADMISSION TO THE DIVING EVENT OF THE YEAR!™

21st Annual
SCUBA SHOW 2008
June 21-22, Long Beach Convention Center

The Largest Dive Expo in the U.S.!
Everything You Ever Wanted to Know About Scuba
In One Place, At One Time!

- 76,000 sq. ft. of exhibits:
New Gear, Travel Pros & Dive Experts
- Continuous Underwater Film Festival
- Door Prizes • Seminars
- Sat. Night Casino Party

CALIFORNIA DIVING TRADE SHOW
www.cadivingnews.com

DIVE PHILIPPINES
OFFICIAL RESTAURANT PHILIPPINES
www.expertscuba.com

PADI padi.com
DAN DIVERS ALERT NETWORK
www.DiversAlertNetwork.org

Regular admission \$12, \$10 with coupon. Age under 10 free. One discount per coupon. Photocopies accepted. Coupon does not apply to preregistration. General admission includes admission to the Film Festival and Exhibits for Saturday or Sunday. Seminars and Saturday night benefit party extra. Pre-registration for seminars is recommended. DIRECTIONS TO CONVENTION CENTER: Long Beach Pier, (710) south and follow signs. HOURS: Sat. 10am - 8pm (Party 8pm - 11pm), Sun. 10am - 5pm. For complete info, including advanced registration, see the May or June issues of California Diving News or visit www.ScubaShow.com.

www.ScubaShow.com

THIS COUPON COURTESY OF:

SAN DIEGO DIVE CLUB

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APRIL CLUB DIVE TRIP REPORT

We dove the Wrecks & NOSC Tower on April 6, 2008 from the Lois Ann. There were 14 divers that participated. The first dive of the day was on the Yukon. The visibility on the ship at depth was 20+ feet, no surge, & 51 degrees. The second dive was aboard the Ruby E., the visibility was 15-20 feet, no surge, & 50 degrees. The third and last dive of the day was on the remains of the NOSC Tower. The visibility was 8 to 10 feet, with a slight surge & 52 degrees. Some of the life we saw was schools of Blacksmiths, Perch, assorted colorful anemones, brittle stars, large sea stars, Metridium. We even spotted a group of divers transporting bathroom fixtures on the Ruby E. The Yukon continues to attract more variety of life as time passes.

DIVING KNOWLEDGE QUIZ

The first person to respond to the editor (mthorn3478@aol.com) with the correct answer will receive **5 free raffle tickets** at the next regular club meeting. You must attend to receive your tickets.

Dive Instructors not eligible.

Q: Hypoxia results when the diver's _____ level cannot accumulate to a high enough level to stimulate breathing before the tissues consume the available _____.

A: Find out the answer & winner at the next Club Meeting.

Last Months Winner: Merriane Dean

DISCOVER SCUBA COURSE

FREE at Point Loma Sports Chalet Pool

3rd Saturday of each month, 2-6pm

A great opportunity to introduce friends & family to the sport.

MLPA Initiative Mailing List

A list server has been created to help keep stakeholders and the interested public informed about the MLPA Initiative via email. It will be used for the sole purpose of notifying you about activities related to the initiative and updates to the MLPA website.

<http://www.dfg.ca.gov/mlpa/maillinglist.asp>

Reservations can be made at any Sport Chalet or at 1-800-348-3794

Date	Day	Boat	Destination	Price	Price Includes	Board	Depart	Return	Add'l Charges	Departs From
3-May	Sat	Lois Ann	Wrecks - 2 Tank	\$70	Tank, Weight, Food & Air	7:30 AM	8:00 AM	12:00 PM	Nitrox	San Diego
3-May	Sat	Magician	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	Nitrox	San Pedro
3-May	Sat	Spectre	S.Cruz / Anacapa	\$115	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	N/A	Ventura
4-May	Sun	CeeRay	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	6:00 PM	N/A	Long Beach
7-May	Wed	Magician	Chamber Day 2008	\$120	T-Shirt, Rafi Tixs, Food & Air	6:00 AM	7:00 AM	5:30 PM	Nitrox	San Pedro
7-May	Wed	Flying Dutchman	Chamber Day 2008	\$90	Special T-shirt, Rafi Tixs	Please call for details: 1-800-348-3794				
7-May	Wed	Aquarium of Pac.	Chamber Evening 2008	\$90	Dinner, Rafi Tixs, Aquarium Tour	7:00 PM	8:15 PM	10:30 PM	N/A	Long Beach
10-May	Sat	Magician	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	Nitrox	San Pedro
11-May	Sun	CeeRay	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	6:00 PM	N/A	Long Beach
11-May	Sun	Lois Ann	Kelp Beds - 2 Tank	\$70	Tank, Weight, Food & Air	7:30 AM	8:00 AM	12:00 PM	Nitrox	San Diego
11-May	Sun	Spectre	S.Cruz / Anacapa	\$115	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	N/A	Ventura
17-May	Sat	CeeRay	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	6:00 PM	N/A	Long Beach
17-May	Sat	Magician	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	Nitrox	San Pedro
17-May	Sat	Spectre	S.Cruz / Anacapa	\$115	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	N/A	Ventura
17-May	Sat	Diver Down II	Lake Pleasant 2 - Tank	\$54	Weight, Snacks & Drinks	7:30 AM	8:00 AM	1:00 PM	N/A	Lake Pleasant, AZ
18-May	Sun	CeeRay	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	6:00 PM	N/A	Long Beach
18-May	Sun	Lois Ann	Wrecks - 2 Tank	\$70	Tank, Weight, Food & Air	7:30 AM	8:00 AM	12:00 PM	Nitrox	San Diego
24-May	Sat	CeeRay	Catalina	\$135	Food & Air Fills	6:00 AM	7:00 AM	6:00 PM	N/A	Long Beach
24-May	Sat	Lois Ann	Coronados - 3 Tank	\$95	Tank, Weight, Food & Air	6:30 AM	7:00 AM	5:00 PM	Nitrox	San Diego
25-May	Sun	CeeRay	Backside Catalina	\$145	Food & Air Fills	5:00 AM	6:00 AM	6:00 PM	N/A	Long Beach
25-May	Sun	Island Time	Catalina - 2 Tank	\$119	Tank, Snacks & Air Fills	6:00 AM	6:30 AM	1:00 PM	N/A	Long Beach
31-May	Sat	Lois Ann	Wrecks - 2 Tank	\$70	Tank, Weight, Food & Air	7:30 AM	8:00 AM	12:00 PM	Nitrox	San Diego
31-May	Sun	Island Time	Catalina - 2 Tank	\$119	Tank, Snacks & Air Fills	6:00 AM	6:30 AM	1:00 PM	N/A	Long Beach
31-May	Sat	Magician	Catalina - No OW Classes	\$135	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	Nitrox	San Pedro
31-May	Sat	Spectre	S.Cruz / Anacapa	\$115	Food & Air Fills	6:00 AM	7:00 AM	5:30 PM	N/A	Ventura

Point Loma (619) 224-6777

La Jolla (858) 453-5656

Mission Valley (619) 718-7070

Memorial Weekend Club Dive Sunday May 25, 2008

Please join us in on our club dive for May. We have reserved eleven (11) spaces (possibly more) aboard the Humboldt. We will go for a three-(3) tank dive on Sunday May 25th. This is a great way to celebrate part of the long Memorial weekend. You must be on the boat by 7:30 a.m. for check-in and waivers. The boat will depart at 8:00 a.m. and return at 2:00 p.m. The Humboldt supplies tanks, weights, and food. Nitrox (up to 40%) is available with 3 days notice for \$12.00 per tank. The destinations are Scripps Canyon, La Jolla Canyon, and the La Jolla Kelp Beds. The Humboldt is a 45-foot long boat designed and built for divers. The boat description, location, waivers and amenities can be found online at www.waterhorsecharters.com. **Trip price is \$75.00.**

For questions or to reserve your spot contact Dennis Fox at DHFox@cox.net (760) 580-5951 or Walt Weaver at (619) 302-2725.

Photo of the Month Contest

A friendly contest we can all enjoy. Here's how it works. Take an underwater photo, frame it for easy display, and set it up at the club meeting with the other entries. Everyone in attendance votes for their favorite picture and the winner receives five free raffle tickets. Membership is not necessary to vote. One vote per person.

The intent here is to involve as many club members as possible in the fun and entertainment. Even a friendly contest has rules (not guidelines) and we'll all be operating under the honor system.

- Underwater pictures only (digital or film) taken since the last meeting
- The photographer must be submersed in the same liquid as the subject
- One picture per person per month
- Display your picture as taken with your camera and lighting
- Cropping is OK, but please refrain from zooming in on your subject or using any form of Photoshop'ing before printing

Each month's winning picture may be displayed at the following month's meeting as the previous month's winner. We have several excellent photographers within our membership and as this contest continues, hopefully we'll see the photo display table crowded with stunning pictures for all our viewing pleasure.

Last Month's Winner: Matt Gieselman

Rocks, Rips & Reefs Program (3Rs)

What are the 3Rs?

3Rs is an in-water education and site orientation program for divers and snorkelers. Participants are briefed on the interaction of surf, swell, and tides on underwater rocks and reefs, and then enter the water and tour popular diver sites with local lifeguards.

3Rs is a great way for newer divers to learn more about the ocean and for experienced divers to explore new dive sites.

Participants learn how to:

- Identify u/w rocks and reefs by observing water movement and surf
- Take advantage of the ocean's natural wave motion
- Learn safe places to enter and exit
- Avoid places hazardous to divers and snorkelers
- Encounter rip and long shore currents
- Use tides to plan dives

Who can attend?

3Rs is free and open to the public. Snorkelers are welcome! SCUBA Certification is not required, but swimming experience is recommended.

Participants must sign a liability waiver as part of registration. Participants aged 17 or less must have the waiver signed by a parent or legal guardian.

What to bring?

Bring a mask, fins, and snorkel. A full wetsuit and gloves are strongly recommended for warmth and protection from scrapes. Spring suits are OK. Weights are discouraged unless you are a strong swimmer or your wetsuit is extremely buoyant. Scuba gear (regulator, BC, tank, etc.) is not used during the 3Rs.

If you have not been diving or snorkeling recently, please check your gear before you arrive.

When are the 3Rs?

See sidebar to right. Registration will be at 8:00am. Mandatory briefing starts at 8:15am; enter the water 8:30 am.

Boomer/La Jolla Cove

Saturday, May 17th 2008
Meet at - 1150 Coast Blvd. (La Jolla Cove steps)
Session Host: The Bottom Bunch Club

North Bird Rock

Saturday, May 31st 2008
Meet at 6000 Camino de la Costa, La Jolla
Session Host: The Freedivers Club

Goldfish Point (La Jolla Caves)

Saturday June 14th 2008
Meet at 1325 Coast Blvd. (Old Shell Shop)
Session Host: **San Diego Dive Club**

Marine Street

Saturday June 28th 2008
Meet at - 300 Marine Street
Session Host: The Ocean Explorers Society

Shell Beach

Saturday July 12th 2008
Meet at - 1000 Coast Blvd.
(nearest cross street - Ocean St.)
At the top of the stairs about half way between
La Jolla Cove and Children's Pool
Session Host: The Dive Animals

Hospital Point

Saturday July 26th 2008
Meet at - 400 Coast Blvd (south of Cuvier)
Session Host: The Sea Dogs

Casa Cove

Saturday August 23th 2008
Meet at Life Guard Tower 850 Coast Boulevard
Session Host: **San Diego Dive Club**

For more information on 3Rs see the San Diego Dive Council's website at:

www.sddivers/3rs



CHAMBER DAY & EVENING 2008

20 years!!!! Registration is now underway for the 20th annual Chamber Day events (to be held on Wednesday, May 7 this year). In case you're unaware, Chamber Day is not only a fund-raiser for our Catalina Hyperbaric Chamber, but also the largest single-day scuba charity event in the United States.

This year marks not only the 20th edition of [Chamber Day](#), but also the 10th edition of [Chamber Evening](#), which is the cap to everything and is co-sponsored by the Aquarium of the Pacific. It features full access to the Aquarium, a sit-down dinner in the Great Hall (underneath the life-sized model of a Blue Whale), some awards, a separate raffle, and the presentation of the final check to Karl Huggins, Director of the Chamber.

To recognize both anniversaries, we're referring to this year's event as our 20/10 Chamber Day/Eve and hope to make it our best one ever. We've got some tricks up our sleeve that will be revealed as we get closer to May 7. But suffice it to say that we can't do any of this without your help.

For more info, see <http://wrigley.usc.edu/hyperbaric/chmbday.htm>





DIVE CLUB MEETING LOCATION

1st Thursday of each month @ 7:00 P.M.
at

Giovanni's Italian Restaurant
9353 Clairemont Mesa Blvd

From 163 take Clairemont Mesa Blvd. East
From 15 take Clairemont Mesa Blvd. West
Giovanni's is on the South side of Clairemont Mesa
on the West side of Ruffin

Monthly raffle drawings!

January, April, July and October are the club's quarterly meetings and we will have a grand raffle prize.

The winning ticket is drawn from that evenings batch and from the previous two months.

***ONLY CURRENT CLUB MEMBERS ARE
ELLLIGIBLE TO WIN THE GRAND PRIZE!!!***

Newsletter Submissions

The "*Primary Regulator*" is your newsletter. Brief articles and items of interest related to diving for the Newsletter are encouraged from all members. Articles may be of local diving sites, trip reports, lessons learned, etc.

Please submit them electronically to the Editor at mthorn3478@aol.com no later than the 15th of the month. Submissions are subject to editing. Additionally, let me know if there are things you would like to see in future editions of the newsletter.

San Diego Dive Club
P.O. Box 81678
San Diego, CA 92138-1678

Check your mailing label to see if you need to renew your membership

