



# the **Primary Regulator**

## San Diego Dive Club Newsletter

August 2009

[www.sandiegodiveclub.com](http://www.sandiegodiveclub.com)

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### Current Officers

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~Entertainment Coordinator~

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[bountifulbarb@hotmail.com](mailto:bountifulbarb@hotmail.com)

~Dive Coordinators~

Available

~Equipment Coordinator~

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~Publicity Representative~

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(619) 697-6589

~Club Historian~

**Betty Parish**  
~ Newsletter Editors~

**Jeff & Evie Burton**  
[jlburtonus@yahoo.com](mailto:jlburtonus@yahoo.com)

~ 3 R's Coordinators~

**Mark Brown & Michael Russell**

## The President's Slate

July has seen some interesting events occur in San Diego Diving. The San Diego Dive Club is now on **FACEBOOK**. We have a group on this web venue that has all of our events scheduled with the ability to RSVP for scheduled club dives, events and get-togethers. This way we can keep everyone informed about changes to scheduled items. This also is a good venue to have written discussions on pertinent topics, post photos of club events and generally connect with club members. I invite everyone to create a free Facebook account and join our group site there.

Several of us have done some great things raising money and awareness for the San Diego Oceans Foundation [www.sdoceans.org](http://www.sdoceans.org) as part of the Dive-A-Ton. Huge kudos for all of you who participated or assisted in this Endeavour!!

We also had a very unique time this last month with "Sea Monsters" coming to join us in the waters of La Jolla. It was like a 1950s B-Movie... an earthquake a few miles off the coast brings up deep-sea creatures bent on the destruction of man. This is the story that rattled through the press and Internet. These creatures are Humboldt Squid (AKA "Red Demons") which are intelligent and powerful creatures. Many people decided to wait a few weeks to go night diving again in La Jolla. Some went out to see what these creatures are. This is a good reminder to everyone that we dive in an environment that has some elements of danger in it. We dive within the "rules" or guidelines of Scuba Diving as we were all taught in our Open Water, Advanced Open Water or subsequent classes. We limit our risk by diving with buddies, attaching alternate air sources on our regulators, carrying knives and other safety equipment to assist us in an emergency. Just like a walk in the woods that we take for granted is safe and sound for 99.9% of the time sometimes complacency will exist and we forget that there are predators out there like mountain lions, bear, sharks, and, yes, Humboldt Squid! So hopefully our respect of the ocean is greatly enhanced ... and we got a good laugh at the sensationalistic writing that followed the events of the week of July 10<sup>th</sup>. My favorite quote was from the AP: "*The carnivorous calamari, which can grow up to 100 pounds, came up from the depths last week and swarms of them roughed up unsuspecting divers.*"

All of this brought up an interesting talk amongst the divers in San Diego – To dive with them or Not. Always remember to dive where you are comfortable, within your limits and enjoy yourself. Only you can decide where these limits are! It was an interesting time to be a diver in San Diego. It will be repeated, of that I am sure.... I think we need we need a Bigger Boat! Enjoy the dive and adventure!

It's now time to go blow bubbles!

**Michael J. King**

### San Diego Dive Club Officer's Meeting

Have some ideas and suggestions on the direction the dive club should be heading? Come share those ideas with the club officers. All members are encouraged to participate in the San Diego Dive Club Officers' Meetings. The Officers' Meetings are held at **6:30 PM** on the **3rd Thursday** of each month at:

**Marie Calendar's, 6950 Alvarado Rd. La Mesa**

*The officers of the club try to anticipate the needs, desires and best interests of the club, but remember that this is your club too, and we need your new thoughts and ideas to keep the club fun and exciting.*



# Long Range Calendar

**\*\*San Diego Dive Club sponsored events\*\***

- Aug 4-15** Albion Trip-Dave Pierce coordinating
- Aug 8** 3Rs, Hospital Point [sddivers.com](http://sddivers.com)
- Aug 8** SDDC Dive, after 3Rs
- Aug 22** 3Rs-Casa Beach
- Aug. 22** White Sea Bass Pen Cleaning, SD Bay, with San Diego Oceans Foundation, [www.sdoceans.org](http://www.sdoceans.org)
- Aug 22** Stone Brewery Beerfest at Cal State San Marcos, charity benefit, Barbie & Kevin Lass coordinating
- Aug 29** Movie on the Beach/Carne Asada Dinner
- Sept. 12** SDDC Dive, Buccaneer Beach, Oceanside, 8 am,
- Sept 17-20** Horizon Live Aboard Channel Islands Trip-Scott Brown coordinating
- Sept. 19** Underwater cleanup in SD Bay with San Diego Oceans Foundation
- Oct. 10** SDDC Dive, Casino Point, Catalina,9am
- Oct 30-Nov 2** Two Harbors, Catalina Island, Rich Burns coordinating
- Nov. 14** SDDC Dive, Marine St. 8am
- Nov 21** Disneyland-Steve Anderson coordinating
- Dec 5** Underwater Santa-Point Loma Sport Chalet
- Dec. 12** SDDC Dive, South Casa, 8am
- Dec 20** Parade of Lights-Star of India, Scott Brown coordinating

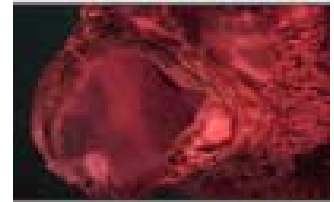
## ALBION- Aug. 4-15

We have 2 campsites, back-to-back, with water and electric. The sites are close to restrooms, showers and the cafe. Very nice diving, right outside the camp ground as well as Ab diving, if sea conditions allow. We can motor south to a great site, Cuffe's Cove, just before the town of Elk. Up north in the town of Fort Bragg is the Skunk train tour and other attractions. For additional info please contact Dave Pierce at 619/504-4922.

## August Meeting Guest Speaker – Steve Douglas

### Sea Below and In the Blink of an Eye Thursday, August 6, 7pm at Giovannis

Steve will be presenting several films and discussing the issues related to international heritage sites. He will showcase "Sea Below, What's Beyond" Cocos Islands featuring large pelagic marine life, and "In the Blink of an Eye" about seeing or not seeing the inhabitants of Indonesia. Steve Douglas is a certified Apple Pro for Final Cut Pro 6 and underwater videographer. Steve's films has received many awards, including the Stan Waterman Award for Excellence in Underwater Videography and 'Diver of the Year'. Steve was a safety diver on the feature film "The Deep Blue Sea", contributed footage to the Seaworld Park's Atlantis production, and productions for the History and local channels. Steve recently had his first feature on the National Geographic broadcast where he shot both the A and B rolls on the subject of Marlin. Steve is the primary writer of articles, tutorials, and reviews for the worlds two largest film editing based websites in the world with over 150 published articles to his credit. Steve is also feature writer for Asian Diver Magazine and is one of the original founding organizers of the San Diego UnderSea Film Exhibition. Please join us.



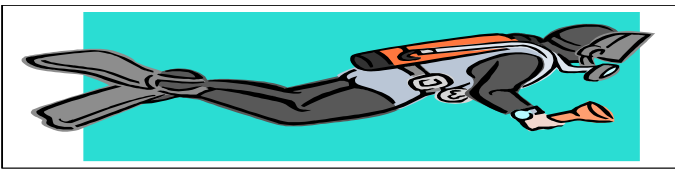
[WWW.WORLDFILMSANDTRAVEL.COM](http://WWW.WORLDFILMSANDTRAVEL.COM)

## Movie on the Beach & Carne Asada BBQ Saturday August 29 Kellogg Park, La Jolla Shores

We'll set up early for a day at the beach. Food will be served between 5:00 & 5:30, and the movie will begin around dusk on the sand. Rumor has it that penguin attire may be appropriate for the movie.

**SDDC members get 10% off most charters & full price scuba gear, and free airfills at Sport Chalet. Please see our website for full membership details, or contact a board member. at our meetings.**





**HORIZON LIVE-ABOARD  
CHANNEL ISLANDS TRIP  
SEPT 17-20, 2009**

**A few spaces are still available. For additional information please contact Scott Brown at 858/254-9484.**

**Two Harbors, Catalina Island, Oct 30 – Nov 2, 2009**

We have reserved the camping cabins at Two Harbors for Halloween weekend in 2009. Enjoy a great get away and the horrors of Two Harbors, including the haunted house at the “skinning shed”, the ghosts of Banning house, spirits of ship rock, and lobsters dropped into boiling water and then drowned in butter. We will be heading over on Friday morning and coming back Monday afternoon. Exact boat times and locations are tbd, and the cost of the trip is estimated at \$160, per person, double occupancy in the camping cabins, and includes round trip transportation between the LA area and Two Harbors via local charter service, 3 nights accommodations at Two Harbors camping cabins, breakfast Sat., Sun. and Mon. mornings, and dinner Fri., Sat. and Sun. nights. Choice of cabins will be on a first pay, first choose basis, and you must be a current club member to sign up. Boat diving has been arranged for both Saturday and Sunday and costs \$82 for each 2-tank dive; purchase of boat dive includes free tank and weight rentals for the weekend for shore diving. This is Lobster season and “bugging” requires licenses and report cards. Significant discounts on equipment rentals from Two Harbors Dive & Recreation Center are available. See Rich Burns at the August dive club meeting to sign up on a first come first choose basis, or contact Rich after Aug. 6 at [sddiver@cox.net](mailto:sddiver@cox.net) or 619-697-6589. This trip always fills up so don’t wait too long.

**SDDC DIVEMASTER SCHOLARSHIP**



San Diego Dive Club Divemaster Scholarship will be offered to a current SDDC member, chosen by the club officers, possibly in Aug. or Sept. Candidates must submit a brief essay including reasons for seeking this scholarship, to be used as part of the selection process. SDDC will only award the scholarship if a suitable candidate is available. For specific requirements & additional details please contact Michael King at (858) 361-0402 or [scubamike44@yahoo.com](mailto:scubamike44@yahoo.com).

**DIVE COORDINATOR NEEDED!**  
**SDDC is looking for dive coordinators. Position does NOT require a certified Dive Master.**

**San Diego Dive Club – July Meeting**

**TED Talks – Deep Flight and Mantis Shrimp**

Our scheduled speaker was unable to attend our meeting. We viewed 2 excellent TED Talks, in which Graham Hawkes took us aboard his graceful, winged submarines to the depths of planet **Ocean** (a.k.a. "Earth") and biologist Sheila Patek shared her work measuring the feeding strike of the mantis shrimp, one of the fastest movements in the animal world. We also enjoyed a wide variety of dive shirts, worn in exchange for a raffle ticket.

**Raffle Prize Winners**

Leslie Alstrand	QUARTERLY- Legend Regulator
Leslie Alstrand	C-4 Dive Light
Leslie Alstrand	Gear Hanger
Terry Thomas	A-4 Dive Light
Mike Petschek	Gift Card
Mike Petschek	Flip Flops
Mike Petschek	Dive Slate
Leslie Peariso	Booties
Michael Breitenstein	Reg Bag
Michael Breitenstein	BC Hanger
Merianne Dean	Night Beacon

**Dips, Tips and Trips**

Please send descriptions of your favorite local dive spot, best dive tips or U/W photo tips, or brief reports or articles describing your last dive trip. Or? We’ll select and publish them, as space allows. Please note, the October 2009 edition of the *Primary Regulator* will be a special edition to include small ads/business card info. to tell us about your business. Submit electronically to, [jilburtonus@yahoo.com](mailto:jilburtonus@yahoo.com), by the 15<sup>th</sup> of the previous month. Submissions are subject to editing.

# Photo of the Month Contest

This is a friendly contest, featuring framed underwater photos set out at the club meeting. Anyone in attendance can vote; the winning photographer receives 5 raffle tickets and fame, and the appreciation of SDDC. The rules for this contest, enforced by the honor system include:

- Underwater pictures only (digital or film) taken since the last meeting
- The photographer must be submersed in the same liquid as the subject
- One picture per person per month
- Display your picture as taken with your camera and lighting
- Cropping is OK, but please refrain from zooming in on your subject or using any form of Photoshop'ing before printing

Each month's winning picture may be displayed at the following month's meeting as the previous month's winner, and featured here.

## July Photo-Steve Gardner, crab, La Jolla Shores



### DIVE CLUB MEETING LOCATION

1st Thursday of each month @ 7:00 P.M.  
at

**Giovanni's Italian Restaurant**  
9353 Clairemont Mesa Blvd

From 163 take Clairemont Mesa Blvd. East  
From 15 take Clairemont Mesa Blvd. West  
Giovanni's is on the South side of Clairemont Mesa  
on the West side of Ruffin

Monthly raffle drawings!

January, April, July and October are the club's quarterly meetings and we will have a grand raffle prize.

The winning ticket is drawn from that evening's batch and from the previous two months.

**ONLY CURRENT CLUB MEMBERS ARE  
ELIGIBLE TO WIN THE QUARTERLY PRIZE!!!**

**\$3 OFF** any \$15 purchase  
**OR**  
**\$5 OFF** any \$25 purchase

RealFlavorMag.com

Not valid with any other offer or specials.  
Dine in only. One coupon per visit.

**GIOVANNI'S RESTAURANT**



KEARNY MESA 9353 Clairemont Mesa Blvd 858-279-6700  
CLAIREMONT 6133 Balboa Ave. 858-278-9191

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