

the **PRIMARY REGULATOR**

San Diego Dive Club Newsletter
www.sandiegodiveclub.com



April 2006

PRESIDENT'S MESSAGE

Don't Be a Fool!

April 1st presents challenges for everyone. To fool or to be fooled, that is the painful question. One of our members will have a wardrobe headache. What to wear to work? The jester outfit or the Goofy suit. Decisions, decisions... Either way, I know all the co-workers will be annoyed and fooled all day with harmless pranks.

Harmless is good. Getting into trouble is not. After John Boyer's presentation on DUI drysuits at our last meeting, I started thinking about our sport's trouble potential. We immerse ourselves into an environment which is basically hostile to our life requirements while wearing expensive and sometimes very complicated life sup-

port equipment. Given the chance, this environment will do it's worst. So, why do we dive? Because it's amazingly, outrageously, wonderfully fun! The friends are ok too. Diving dry is great! You're dry, comfortable, and when you exit the water, any slight cold you may have felt is instantly gone. To top all this, it's easy! However diving dry does require a few different skills than diving wet. Learning new skills is of course best done in the class room and pool settings. If there's an equipment problem or your personal overload switch is tripped, the instructor is right there and the water's surface is only a few feet away. It's extremely inexpensive life insurance.

Every month in Scuba Diving Magazine, the article "Lessons for life" details unfortunate diving incidents. Some are fatal. Proper use of brain cells would have prevented better than 95% of the incidents. No rocket science type knowledge is necessary. Stay fit, regularly maintain your gear, stay fit, learn new skills in a class first, stay fit, try out unfamiliar gear in a pool first, stay fit, know your limits and respect your partner's, and stay fit. OK, enough preaching.

Stay safe,

Scott Brown - President

AT OUR NEXT MEETING

Thur., Apr. 6 , 2006 7:00 pm

(see back page for meeting location)

The Guest Speaker for April is:

Dr. Anthony Medak - Diving Emergencies

Dr. Anthony Medak grew up in San Pedro where he began diving and fishing at an early age. He's been a SCUBA diver since 1989. Most of his diving has been in SoCal, Channel Islands, and beach dives up in LA county

Dr. Medak attended Medical School at UCSF and he completed a residency in Emergency Medicine at Highland Hospital in Oakland. He is currently an Assistant Professor of Clinical Medicine, in fellowship at UCSD, focusing specifically on Undersea and Hyperbaric Medicine.

— *Bruce Laiho, Entertainment Coordinator*

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REMINDER!
April is a
Quarterly Drawing
Month!!

Club Information

President



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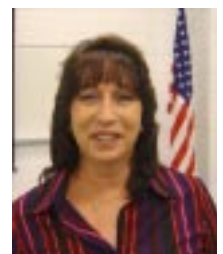
Publicity Representative



Rich Burns

sddiver@cox.net
(619) 697-6589

Club Historian



Betty Parrish

Membership

Enjoy the many benefits of being a member of the club. Joining is simple. Fill out an application at a club meeting. First years dues are \$30.00. Renewing membership is \$20.00. Renewals are not accepted at the store or through the mail. If you have a question regarding membership, lost cards, or you're not receiving your newsletters, contact the Vice president.

Membership Benefits

- 10% discount on non-sale dive gear
- 10% discount on dive gear rentals
- 10% on continuing education classes
- 10 Free air fills, 10% disc after that
- Quarterly buddy lists
- Comprehensive and informative monthly newsletter
- Entertaining and informative monthly meetings
- Monthly scheduled club dives
- Meet new friends & dive buddies
- Group travel to exotic diving locations
- Ocean, lake and beach cleanup events
- Special members only events
- Fantastic monthly and quarterly raffles

Monthly Raffles

Tickets may be purchased at each meeting for that nights raffle prizes.

Sport Chalet Stores

- Pt. Loma
(619)224-6777
- La Jolla
(858) 453-5656
- Mission Valley
(619)718-7070

Sport Tours

(800) 660-2754
FAX (818) 249-8877

Club Website

www.sandigodiveclub.com

Quarterly Raffles

Save your losing tickets for the quarterly meeting when we draw a grand prize from the losing tickets of that night and the two previous meetings. Quarterly raffle months are:

January, April, July, October

Newsletter Submissions

If you have something of interest that you would like to share with other members of the club (cartoons, articles, dive log, etc.), submissions for the newsletter may be made in the following manner:

USMail:

San Diego Dive Club
P.O. Box 81678
San Diego, CA 92138-1678

Phone: (619)225-9051

E-mail: pbrooks2@cox.net

Deadline for all submissions is the 15th of each month.

CLUB EVENTS CALENDAR

SUN	MON	TUE	WED	THUR	FRI	SAT
April 2006						1
Events Calendar						
2	3	4	5	6 Club Meeting 7:00	7 Two Harbors Trip pg5	8 Two Harbors Trip pg5
9 Two Harbors Trip	10	11	12	13	14	15 Pancake Breakfast
16 Easter Sunday	17	18	19	20	21	22
23 30	24	25	26	27	28	29

Annual Underwater Easter Egg Hunt

&

Free Pancake Breakfast

La Jolla Shores

(near the main lifeguard station)

Saturday, April 15th, 2006

8am until noon



Once again the Easter Bunny has been seen SCUBA diving near the underwater canyon at La Jolla Shores. He always likes to get a head start for the Annual San Diego Dive Club Underwater Easter Egg Hunt and Pancake Breakfast.

All divers and their families are invited to participate in the Easter Egg Hunt and share a great breakfast of pancakes of all shapes and types, served piping hot with sausage or bacon and topped off with hot coffee cocoa or juice. Breakfast will be served from 8:00 AM to 12:00 PM.

The Easter Egg hunt will take place near the Marine Canyon at La Jolla Shores. The briefing for this event will take place at 9:00 AM with all divers expected to hit the water by 9:30 AM, dive event will conclude at 11:00 AM. Prizes will be given to the buddy teams that find the most eggs.

While the divers head down to the water the younger attendees will be treated to a Children's Easter Egg Hunt, this will take place at 10:00 AM at Kellogg Park.

To participate in the dive, you must be a certified diver, have signed a release and be accompanied by a dive buddy. If you do not have a dive buddy, don't worry, we will find one for you. Depending on the weather, this dive is generally considered an easy dive.



If you'd like to help us setup, please be at the main lifeguard tower by 6 AM



Remember, Club Members get
10% off these prices!

Scuba Charters April 2006

Reservations can be made at any Sport
Chalet or with the Scuba Reservation
office at

800-348-3794.

Date	Boat	Destination	Price	Board	Depart	Return	Additional Charges
01-Apr	CeeRay	Catalina	\$110	6:00 AM	7:00 AM	6:00 PM	N/A
01-Apr	Encore	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
01-Apr	Island Time	Catalina-2 tank	\$94	7:30 AM	8:00 AM	2:00 PM	N/A
01-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
02-Apr	Bottom Scratcher	Catalina	\$107	6:00 AM	7:00 AM	6:00 PM	N/A
02-Apr	Great Escape	Santa Barbara	\$147	4/1,10pm	1:00 AM	6:00 PM	N/A
02-Apr	Island Time	Catalina-2 tank	\$94	6:00 AM	6:30 AM	1:00 PM	N/A
02-Apr	Lois Ann	Wrecks - 3 Tank	\$90	7:30 AM	8:00 AM	2:00 PM	N/A
02-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
08-Apr	CeeRay	Catalina	\$110	6:00 AM	7:00 AM	6:00 PM	N/A
08-Apr	Encore	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
08-Apr	Island Time	Catalina-2 tank	\$94	6:00 AM	6:30 AM	1:00 PM	N/A
08-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
09-Apr	Encore	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
09-Apr	Great Escape	Backside Catalina	\$135	5:00 AM	6:00 AM	6:00 PM	N/A
09-Apr	Island Time	Catalina-2 tank	\$94	6:00 AM	6:30 AM	1:00 PM	N/A
09-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
15-Apr	Encore	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
15-Apr	Great Escape	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
15-Apr	Horizon	San Clemente	\$140	4/14,9pm	10:00 PM	9:00 PM	N/A
15-Apr	Island Time	Catalina-2 tank	\$94	6:00 AM	6:30 AM	1:00 PM	N/A
15-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
16-Apr	CeeRay	Catalina	\$110	6:00 AM	7:00 AM	6:00 PM	N/A
16-Apr	Magician	Catalina	\$117	6:00 AM	7:00 AM	5:30 PM	N/A
22-Apr	Great Escape	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
22-Apr	Island Time	Catalina-2 tank	\$94	6:00 AM	6:30 AM	1:00 PM	N/A
22-Apr	Magician	Catalina	\$117	6:00 AM	7:00 AM	5:30 PM	N/A
23-Apr	Bottom Scratcher	Catalina	\$107	6:00 AM	7:00 AM	6:00 PM	N/A
23-Apr	Great Escape	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
23-Apr	Spectre	S.Cruz / Anacapa	\$90	6:00 AM	7:00 AM	5:30 PM	Food & Air Fills
29-Apr	Bottom Scratcher	Catalina	\$107	6:00 AM	7:00 AM	6:00 PM	N/A
29-Apr	CeeRay	Catalina	\$110	6:00 AM	7:00 AM	6:00 PM	N/A
29-Apr	Great Escape	Santa Barbara	\$147	4/28,10pm	1:00 AM	6:00 AM	N/A
30-Apr	Bottom Scratcher	Catalina	\$107	6:00 AM	7:00 AM	6:00 PM	N/A
30-Apr	CeeRay	Catalina	\$110	6:00 AM	7:00 AM	6:00 PM	N/A
30-Apr	Encore	Catalina	\$120	6:00 AM	7:00 AM	6:00 PM	N/A
30-Apr	Lois Ann	Kelp - 2 Tank	\$82	6:30 AM	7:30 AM	11:30 AM	N/A
30-Apr	Lois Ann	Wrecks - 2 Tank	\$82	11:30 AM	12:00 PM	4:30 PM	N/A

Trip dates, boats, destinations and prices are subject to change without notice.

San Diego Dive Club Officers' Meeting

After the Pancake Breakfast Saturday April 15

Have some ideas and suggestions on the direction the dive club should be heading? Come share those ideas with the club officers. All members are encouraged to participate in the San Diego Dive Club Officers' Meetings. The Officers' Meetings are usually held at **6:30 PM** on the **3rd Wednesday** of each month at :

[Marie Calendar's Restaurant 6950 Alvarado Rd., La Mesa.](#) However, this month's meeting will be held immediately after the Pancake Breakfast Saturday April 15 at La Jolla Shores.

The officers of the club try to anticipate the needs, desires and best interests of the club, but remember that this is your club too, and we need your new thoughts and ideas to keep the club fun and exciting.

**Two Harbors, West End, Catalina Island
April 7th – 9th, 2006**

We have finalized details for our springtime trip to Two Harbors on Catalina Island. Reservations are for the weekend of April 7th through the 9th. We will be departing San Pedro for Two Harbors at ~10:00 am on Friday, the 7th, and then returning for the mainland trip at ~2:30pm on Sunday, the 9th. The cost of the trip is \$110* for non-divers and \$182* for divers taking part in the Saturday boat dive. The trip price includes round trip transportation between San Pedro and Two Harbors via the Catalina Express, accommodations at Two Harbors camping cabins, breakfast on Saturday and Sunday morning, and a pasta dinner on Friday night and a Carne and Pollo Asada Bar-B-Q and movies on Saturday night. If you would like to sign up for this trip contact Rich Burns by e-mail at sddiver@cox.net or by calling 619-697-6589. This trip is currently 2/3rds full so don't wait too long.. All payments are due by the March dive club meeting. *cost of trip is based on per person, double occupancy in the camping cabins.

Photo of the month contest

The club officers have come up with a friendly contest we all can enjoy. Here's how it works: Take an underwater picture, frame it for easy display and set it up at the meeting with all the other entries. Everyone in attendance votes for their favorite picture and the winner receives five raffle tickets. The intent here is to involve as many people as possible in fun and entertainment.

Even a friendly contest has rules (not guidelines) and we'll all be operating under the honor system. Underwater pictures only, taken during the time since the last meeting. One picture per person per month. Digital or film. Display your picture as you shot it with your camera and lighting settings. Cropping is OK but please refrain from zooming in on your subject or using Photoshop before printing. One vote per person and you must be present at the meeting to vote. Each month's winning picture may be displayed at the following month's meeting as the previous month's winner.

We have several excellent photographers within our membership and as this contest continues, I hope to see the photo display table crowded with stunning pictures for all our viewing pleasure.

Scott Brown

John Boyer gave us his very knowledgeable rundown on DUI drysuits. His details of the materials and workmanship involved supports the company's position as the maker of the finest suits in the marketplace. The R & D stories were entertaining as well. I always cringe when I hear the one about the gentleman who developed the telescoping suit concept having to cut himself out of a drysuit. Several of our club's members, including myself, dive in a DUI product. We'll be happy to bend any and all ears to great length if you're foolish enough to ask: How do you like your drysuit? Personally, diving dry has returned diving to the fun side of the equation rather than being a continual test of cold endurance.

John also brought with him a full face mask and communication system. Unfortunately, time did not allow him to present the system to us. That simply ensures our hosting John again in a few months to hear all about the system.

Scott Brown

Membership Please welcome these new and renewing members...	
New members	Renewals
Michael Thorton Peter Hergeshemer Jonathan Morin James Cork	Daniel Snyder David Cox Michelle Russell Marc Crocker Randy Thomas

Raffle

Here are the winners from March's raffle

- | | | |
|-----------------|---|----------------------------------|
| Mike Petscheck | - | Rolling Dive Bag |
| Mike Petscheck | - | Frameless Mask |
| Dave Pierce | - | Dive Log Book |
| Rich Burns | - | Dive Light |
| Rich Burns | - | Foam Tank holders |
| Dennis Fox | - | Dive Stocking cap |
| Dennis Fox | - | Sports Utility Underwater Camera |
| Sandra Anderson | - | DUI T-shirt & Cap |
| Scott Brown | - | \$50 Cohen Food Gift Cert |
| Scott Brown | - | Dry Sack |

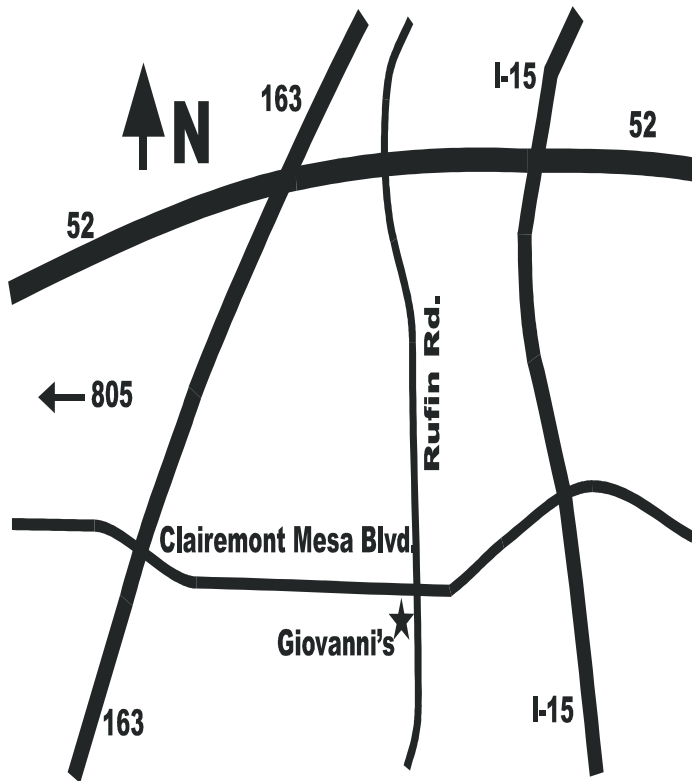
***SCUBA Show 2006*— June 24-25, 2006
Long Beach Convention Center, Long Beach, CA**

The SCUBA Show, the largest annual dive expo in the Western U.S. will take place June 24-25 at the Long Beach Convention Center in Long Beach, California. This is the 19th year of this popular event. Over 10,000 have attended every year for the last 15 years. The show will consist of a 57,000 square feet of diving related exhibits including new gear, travel pros (many offering show discounts), and diving experts. Several exhibitors also offer free drawings for valuable prizes.

Additional activities at the show include a demo/trial tank for divers and want-to-be divers to try scuba for the first time or to try new, revolutionary dive gear, continuous underwater film festival featuring premier films on a Mega-Screen, seminars by top diving experts, door prizes and a Saturday night party.

Exhibit hall hours are Saturday 10:00 a.m. to 6:00 p.m., and Sunday from 10:00 a.m. to 5:00 p.m. Admission is \$9 and includes admission to exhibit hall and film festival (seminars are an additional charge). Discount coupons are available at California dive stores, on dive California dive charter boats and through California dive clubs. Age 10 and under are admitted free with paying adult.

For information on SCUBA Show 2006 call (310) 792-2333 or visit the web site <http://www.saintbrendan.com>



DIVE CLUB MEETING LOCATION

**1st Thursday of each month @ 7:00 P.M.
Giovanni's Italian Restaurant
9353 Clairemont Mesa Blvd**

From 163 take Clairemont Mesa Blvd. East
From 15 take Clairemont Mesa Blvd. West
Giovanni's is on the South side of Clairemont Mesa on the West side of Ruffin

January, April, July and October are the club's quarterly meetings and we have a grand raffle prize at those meetings.

The winning ticket is drawn from that evenings batch and from the previous two months.

***ONLY CURRENT CLUB MEMBERS ARE
ELIGIBLE TO WIN THE GRAND PRIZE!!!***

San Diego Dive Club
P.O. Box 81678
San Diego, CA 92138-1678

Check your mailing label to see if you need to renew your membership.
